

## **CUMC Rules for Indoor Baseball**

- Catch Indoor baseball only
  - Grounders Indoor baseball only
  - Pop Flies Indoor baseball only, thrown and not batted
  - Batting Wiffle ball into the net
  - Pitching Hard ball can be used only if catcher with gear is in the Large net, otherwise use indoor baseball
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- No roaming throughout the church
  - Leave MMR the way you found it
  - Turn off lights when leaving
  - Lock door when leaving
  - Return key after last practice